



TO START OR SHARE

BRUSCHETTA

Garlic grilled crostini, topped with feta cheese, fresh tomatoes, basil, garlic, oregano, diced onion, olive oil & balsamic reduction \$15.95

SOUTHWEST CHICKEN QUESADILLA

Grilled chicken, green peppers, tomatoes, red onions, mozzarella and cheddar cheese, southwest sauce & salsa \$15.95

WINGS

1 pound of chicken wings & drumettes served whichever way you like!
BBQ, Teriyaki, Salt-n-Pepper or Frank's Red Hot Sauce \$16.95
vegetarian option *crispy cauliflower* \$14.95

MUSHROOM CAPS ^{GF}

Mushrooms filled with Philly cream cheese and crab \$16.95

SPINACH & ARTICHOKE DIP

Warm tortilla chips \$14.95

CALAMARI

Marinated tender, lightly breaded, topped with red onion, house-made tzatziki \$15.95

PRAWN COCKTAIL ^{GF}

Chilled tiger prawns, house-made cocktail sauce \$21.95

FRENCH ONION SOUP \$9.95

CHICKEN TENDERS

Served with your choice of plum sauce or garlic house dip \$14.95

MUSSELS

Steamed in white wine broth, served with fresh garlic toast \$19.95

CHORIZO MEATBALLS ^{GF}

3 Meatballs served with house-made marinara \$9.95

TODAY'S SOUP

\$6.50 cup \$8.95 bowl

GREENS

Served with garlic toast

Mario's serves entree size salad, starter size is also available

MIXED GREENS ^{GF}

Balsamic vinaigrette \$13.95 ♦ \$10.95

MARIO'S HOUSE SALAD

Romaine, sundried tomatoes, pine nuts & fresh garlic grilled chicken breast, tossed with our Caesar dressing, cheese & croutons \$22.95 ♦ \$18.95

CRISPY CAESAR SALAD

Served with fresh grana padano \$14.95 ♦ \$11.95

THE BBQ'D TEXAN

Romaine and spinach, tossed with ranch dressing then topped with cheddar cheese, avocado, BBQ'd chicken, crisp tortilla strips, corn & bean salad \$22.95 ♦ \$18.95

GREEK SALAD ^{GF}

Fresh tomatoes, cucumber, peppers, onion, olives, feta cheese \$19.95 ♦ \$14.95

CAPRESE SALAD ^{GF}

Tomatoes, bocconcini, mixed greens, balsamic reduction & salsa verde \$17.95 ♦ \$13.95

GOAT CHEESE FRITTER SALAD

Mixed greens, carrots, Craisins, red apple, soya sunflower seeds, walnuts, crisp tortilla strips, tossed with a balsamic vinaigrette \$22.95 ♦ \$18.95

CAJUN CHICKEN SPINACH SALAD ^{GF}

Tender spinach in a creamy parmesan dressing, topped with cajun chicken, balsamic infused mushrooms, hard boiled egg, crispy bacon, toasted almonds. \$22.95 ♦ \$18.95

SEARED SALMON SALAD ^{GF}

Crisp romaine with mandarin oranges, cucumbers, tomatoes, red onions, toasted almonds & our raspberry vinaigrette, topped with grilled salmon or chicken. \$22.95 ♦ \$18.95
Substitute seared prawns for \$2.49

SANDWICHES

Served with Certified Organic bread, baked fresh daily

All of our sandwiches are served with fresh hand-cut french fries.

Substitute yam fries, onion rings, Caesar salad, today's soup or curly fries for \$2.49

TODAY'S SANDWICH

Your server will describe

GARLIC CHICKEN CIABATTA

Garlic grilled chicken, mushrooms, Swiss cheese, red onions, tomato, lettuce and mayo \$16.95

CHICKEN CLUB

Fresh lettuce, tomato, bacon & mayo on toasted ciabatta \$16.95

REUBEN ON RYE

House-made sauerkraut \$15.95

NEW YORK STEAK SANDWICH

6 oz AAA striploin, grilled to your liking, open-faced ciabatta, sautéed mushrooms & onion rings \$26.95

CALIFORNIA SHRIMP CIABATTA

Shrimp, lettuce, tomato, avocado, dill mayo \$16.95

VEGGIE CIABATTA

Roasted red peppers, avocado, lettuce, tomatoes, feta and sundried tomato mayo \$14.95

BURGERS

Certified Organic buns, baked fresh daily

All of our burgers are served with fresh hand-cut french fries.

Substitute yam fries, onion rings, Caesar salad, today's soup or curly fries for \$2.49

All burgers can be served on a gluten-free bun for \$2.00 ^{GF}

DELUXE CLASSIC

8oz Prime Rib patty, lettuce, tomato, red onion, cheddar cheese & burger sauce \$21.95

OLD STYLE BACON 'N' CHEDDAR

8oz Prime Rib patty, topped with bacon, cheddar cheese, lettuce, tomato & red onion, finished with burger sauce \$22.95

MARVELOUS MUSHROOM

8oz Prime Rib patty, sautéed mushrooms, lettuce, tomato, red onion, Swiss cheese & burger sauce \$21.95

CAJUN CHICKEN

Grilled cajun chicken, cheddar cheese, tomatoes, lettuce & mayo \$21.95

FRANKIE'S SOUTHERN CRISPY CHICKEN

Crispy chicken breast, dunked in Frank's Red Hot sauce, served with lettuce, tomato, sweet red onion & mayo \$22.95

MEDITERRANEAN CHICKEN

Grilled chicken breast, cucumber, sweet red onions, feta cheese & sundried tomato mayo \$21.95

SALMON BURGER

Fresh grilled salmon fillet, topped with red onions, dill mayo, lettuce & tomatoes \$22.95

VEGGIE BURGER

Low fat burger with cheddar cheese, mushrooms, lettuce, tomato, red onion and sundried tomato mayo \$17.95

PASTA

Served with garlic toast

Lighter portions and gluten free options are available

TORTELLINI DI CASA

Four cheese tortellini, sundried tomatoes, alfredo sauce, tossed with garlic chicken \$23.95 ♦ \$19.95

LINGUINE SANTORINI

Spicy garlic grilled chicken, tomatoes, kalamata olives, feta cheese, parsley & basil in a light tomato wine sauce \$22.95 ♦ \$19.95

SMOKED SALMON PENNE

Smoked salmon fillets sautéed in olive oil & fresh garlic, with sundried tomatoes, herbs & spices. Vodka flambéed, finished with marinara & alfredo sauce \$23.95 ♦ \$19.95

JAMBALAYA PENNE

Shrimp, chicken & chorizo sausage tossed with vegetables in a zesty marinara sauce \$24.95 ♦ \$19.95

CAJUN CHICKEN ALFREDO LINGUINE

Sautéed mushrooms, basil pesto in Cajun Alfredo sauce topped with fresh tomatoes & green onions \$24.95 ♦ \$19.95

LASAGNA DI CASA

House-made meat sauce & creamy alfredo, delicately layered. Served with garlic toast \$24.95 ♦ \$19.95

BAKED TORTELLINI ALFREDO

Creamy alfredo sauce, mozzarella cheese \$22.95 ♦ \$19.95

BAKED TORTELLINI MONTEREY

Chicken, garlic, mushrooms, sundried tomatoes, fresh herbs & spices, mixed with pesto rosé sauce. Mozzarella cheese & served with Caesar salad \$23.95 ♦ \$19.95

PENNE ITALIANO

Chorizo sausage, mushrooms, fresh herbs & spices, extra virgin olive oil & marinara sauce \$23.95 ♦ \$19.95

PENNE PACIFICO

Shrimp, scallops, clams, smoked salmon & capers in a white wine cream sauce \$24.95 ♦ \$20.95

LINGUINI BOLOGNESE

Fresh herbs, tomatoes \$23.95 ♦ \$19.95

Add chorizo meatballs for \$5.95

LINGUINE MARGHERITA

Zesty Roma tomatoes, extra virgin olive oil, basil tomato sauce \$22.95 ♦ \$19.95

CHORIZO GORGONZOLA MAC & CHEESE^{GF}

Mixed with house-made alfredo and baked \$22.95 ♦ \$19.95

PIZZA

ALL PIZZA’S CAN BE SERVED ON A 10 INCH GLUTEN-FREE CRUST FOR \$22.95^{GF}

TEX MEX

A classic created in 1981. Beef, onions, salsa & cheddar cheese, cooked then topped with fresh lettuce, tomatoes & more cheddar S. \$19.95 ♦ M. \$22.95 ♦ L. \$26.95

BIG HAWAIIAN

Teriyaki chicken, ham, pineapple S. \$19.95 ♦ M. \$22.95 ♦ L. \$26.95

CLASSIC

Teriyaki chicken, sundried tomatoes, onions, mushrooms S. \$19.95 ♦ M. \$22.95 ♦ L. \$26.95

FAVOURITE

Hot chorizo sausage, green peppers, mushrooms S. \$19.95 ♦ M. \$22.95 ♦ L. \$26.95

BBQ CHICKEN

BBQ chicken, roasted red pepper, red onion, cilantro S. \$19.95 ♦ M. \$22.95 ♦ L. \$26.95

WEST COASTIN'

Smoked salmon, Philly cream cheese, capers, red onion S. \$19.95 ♦ M. \$22.95 ♦ L. \$26.95

MEDITERRANEAN

Garlic grilled chicken, onions, feta, tomatoes, peppers, spices S. \$19.95 ♦ M. \$22.95 ♦ L. \$26.95

SPECIAL

Chorizo sausage, capicola, green peppers, mushrooms S. \$19.95 ♦ M. \$22.95 ♦ L. \$26.95

PESTO CHICKEN

Garlic chicken, basil pesto, sundried tomatoes, caramelized onions, mushrooms, green peppers S. \$19.95 ♦ M. \$22.95 ♦ L. \$26.95

GLADIATOR

Ham, pepperoni, beef & chorizo sausage S. \$19.95 ♦ M. \$22.95 ♦ L. \$26.95

FORMAGGIO

Mozzarella, parmesan, asiago, bocconcini S. \$19.95 ♦ M. \$22.95 ♦ L. \$26.95

CAPRESE

Roma tomatoes, bocconcini, fresh basil S. \$19.95 ♦ M. \$22.95 ♦ L. \$26.95

DELUXE

Pepperoni, chorizo sausage, ham, onions, green peppers, tomatoes, olives, mushrooms S. \$19.95 ♦ M. \$22.95 ♦ L. \$26.95

GOURMET VEGETARIAN

Roasted red peppers, red onions, spinach, tomatoes, kalamata olives, feta, pesto S. \$19.95 ♦ M. \$22.95 ♦ L. \$26.95

FAVOURITE COMBINATIONS

S. \$18.95 M. \$21.95 L. \$24.95

1. Ham & pineapple

2. Double cheesy mozza

3. Pepperoni

4. Ham & mushrooms

5. Feta, beef, onions

6. Shrimp & mushrooms

7. Pepperoni, mushrooms, green peppers

8. Spinach, onions, feta

Extra toppings S - 2.00 ♦ M - 2.50 ♦ L - 3.00

QUESADILLA

Our Quesadillas are served with crispy Caesar salad.

SOUTHWESTERN CHICKEN QUESADILLA

Grilled chicken, green peppers, tomatoes, red onions, mozzarella, cheddar, southwest sauce & salsa \$17.95

SMOKED SALMON QUESADILLA

Smoked salmon, artichokes, spinach, red onions, mozzarella & tomatoes \$17.95

BAJA VEGGIE QUESADILLA

Black bean, spinach, cilantro, tomatoes, red peppers, corn & goat cheese \$16.95

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