# mario's



# TO START OR SHARE

#### **BRUSCHETTA**

Garlic grilled crostini, topped with feta cheese, fresh tomatoes, basil, garlic, oregano, diced onion, olive oil &balsamic reduction \$15.95

#### SOUTHWEST CHICKEN OUESADILLA

Grilled chicken, green peppers, tomatoes, red onions, mozzarella and cheddar cheese, southwest sauce & salsa \$15.95

1 pound of chicken wings & drummettes served whichever way you like! Tossed in BBQ, Teriyaki, Salt-n-Pepper or Frank's Red Hot Sauce \$16.95

vegetarian option crispy cauliflower \$14.95

### MUSHROOM CAPS @F

Mushrooms filled with Philly cream cheese and crab \$16.95

### SPINACH & ARTICHOKE DIP

Warm tortilla chips \$14.95

Marinated tender, lightly breaded, topped with red onion, house-made tzatziki \$15.95

### PRAWN COCKTAIL GF

Chilled tiger prawns, house-made cocktail sauce \$21.95

#### CHICKEN TENDERS

Served with your choice of plum sauce or garlic house dip \$14.95

# CHORIZO MEATBALLS @F

3 Meatballs served with house-made marinara \$9.95

### MUSSELS.

Steamed in white wine broth, served with fresh garlic toast \$19.95

FRENCH ONION SOUP \$9.95

# TODAY'S SOUP

\$6.50 cup \$8.95 bowl

# GREENS Served with garlic toast

Mario's serves entree size salad, starter size is also available

### MIXED GREENS @F

Balsamic vinaigrette \$13.95 ◆ \$10.95

#### MARIO'S HOUSE SALAD

Romaine, sundried tomatoes, pine nuts & fresh garlic grilled chicken breast, tossed with our Caesar dressing, cheese & croutons  $$22.95 \cdot $18.95$ 

#### CRISPY CAESAR SALAD

Served with fresh grana padano \$14.95 ◆ \$11.95

### THE BBQ'D TEXAN

Romaine and spinach, tossed with ranch dressing then topped with cheddar cheese, avocado, BBQ'd chicken, crisp tortilla strips, corn & bean salad \$22.95 ◆ \$18.95

### GREEK SALAD @F

Fresh tomatoes, cucumber, peppers, onion, olives, feta cheese \$19.95 • \$14.95

# CAPRESE SALAD @

Tomatoes, bocconcini, mixed greens, balsamic reduction & salsa verde \$17.95 • \$13.95

### GOAT CHEESE FRITTER SALAD

Mixed greens, carrots, Craisins, red apple, soya sunflower seeds, walnuts, crisp tortilla strips, tossed with a balsamic vinaigrette  $\$22.95 \, \cdot \, \$18.95$ 

# CAJUN CHICKEN SPINACH SALAD @

Tender spinach in a creamy parmesan dressing, topped with cajun chicken, balsamic infused mushrooms, hard boiled egg, crispy bacon, toasted almonds. \$22.95 • \$18.95

# SEARED SALMON SALAD @F

Crisp romaine with mandarin oranges, cucumbers, tomatoes, red onions, toasted almonds & our raspberry vinaigrette, topped with grilled salmon or chicken.

Substitute seared prawns for \$2.49

# CHICKEN AND RIBS

Entrees are served with seasonal roast vegetables, and your choice of garlic mashed potatoes or hand-cut fresh french fries or rice pilaf. Substitute Caesar salad, onion rings, yam or curly fries for \$2.49.

Lighter portions available for some entrees

# CAROLINA HONEYS @F

Tender back ribs broiled and basted with our own house-made tangy Carolina sauce \$32.95 ◆ \$22.95

# VIRGINIE BACK RIBS @

A full rack of our original pork back ribs basted with our own secret BBQ sauce \$32.95 • *\$22.95* 

# NEW ORLEANS CAJUN RIBS @

Back ribs basted with our hot & spicy BBQ sauce \$32.95 + \$22.95

# CHICKEN & RIBS COMBO @F

5oz marinated chicken breast & a lighter portion of your favourite ribs \$28.95

### SOUTHWESTERN CHICKEN @F Double breast of marinated chicken, topped with our original

BBQ sauce \$26.95

### NEW ORLEANS CHICKEN @P Double breast of hot & spicy chicken, served tender & juicy \$26.95

AAA New York striploin \$64

CHICKEN ROMANO Double breast of chicken, coated with Romano Parmesan cheese

crust, served with Linguine Rosé \$24.95 ◆ \$18.95 THE BUTCHER BLOCK @

Lighter portion of Virginie ribs, BBQ chicken breast and

# MEAT AND SEAFOOD

Entrees are served with seasonal roast vegetables, and your choice of garlic mashed potatoes or hand-cut fresh french fries or rice pilaf. Substitute Caesar salad, onion rings, yam or curly fries for \$2.49.

# FRESH BC SALMON @F

Rice pilaf, roast vegetables \$28.95

# 12 OZ NEW YORK STRIPLOIN @

AAA, 28 day aged \$62

# SAUTÉED PRAWNS @

Pan roasted in garlic butter then served with rice pilaf & fresh vegetables

# FILET MIGNON @F

5oz AAA, 28 day aged, with mushrooms and vegetables \$58

AAA+ 28 day aged, with mushrooms and vegetables \$67

# BEEF BOURGUIGNON @F

Pearl onions, mushrooms, roasted vegetables, garlic mashed potatoes \$22.95

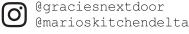
# STEAMED MUSSELS

A full pound steamed in white wine broth, with house-cut fries & garlic toast \$24.95

They wife and I have the secret to making a marriage last. Iwo times a week, we go to a nice restaurant, a little wine, good food..... She goes Tuesdays, I go Fridays.

- Henry Youngman

# FOLLOW US ON INSTAGRAM



# SIDES AND SUBSTITUTIONS

Grilled Chicken Breast GF
Seared Jumbo Prawns GF
Baby Shrimp GF
Grilled Salmon GF
Chorizo Meatballs GF
Greek Salad GF
Spinach Salad GF

French Onion Soup
Today's Soup
Sauteed Mushrooms @F
Rice Pilaf @F
Garlic Mashed Potatoes @F
Roasted Vegetables @F
Avocado @F

Onion Rings Curly Fries Yam Fries House Cut French Fries Linguini Rosé Mac & Cheese@F

# PASTA Served with garlic toast

Lighter portions and gluten free options are available

#### SMOKED SALMON PENNE

Smoked salmon fillets sautéed in olive oil & fresh garlic, with sundried tomatoes, herbs & spices. Vodka flambéed, finished with marinara & alfredo sauce \$23.95 + \$19.95

#### LASAGNA DI CASA

House-made meat sauce & creamy alfredo, delicately layered. Served with garlic toast  $\$24.95 \, \bullet \, \$19.95$ 

### BAKED TORTELLINI ALFREDO

Creamy alfredo sauce, mozzarella cheese \$22.95  $\bullet$  \$19.95

#### LINGUINE MARGHERITA

Zesty Roma tomatoes, extra virgin olive oil, basil tomato sauce \$22.95 + \$19.95

#### PENNE ITALIANO

Chorizo sausage, mushrooms, fresh herbs & spices, extra virgin olive oil & marinara sauce \$23.95  $\bullet$  \$19.95

#### TORTELLINI DI CASA

Four cheese tortellini, sundried tomatoes, alfredo sauce, tossed with garlic chicken \$23.95  $\bullet$  \$19.95

#### LINGUINE SANTORINI

Spicy garlic grilled chicken, tomatoes, kalamata olives, feta cheese, parsley & basil in a light tomato wine sauce \$22.95 + \$19.95

### JAMBALAYA PENNE

Shrimp, chicken & chorizo sausage tossed with vegetables in a zesty marinara sauce \$24.95  $\bullet$  \$19.95

# CAJUN CHICKEN ALFREDO LINGUINE

Sautéed mushrooms, basil pesto in Cajun Alfredo sauce topped with fresh tomatoes & green onions \$24.95 • \$19.95

# BAKED TORTELLINI MONTEREY

Chicken, garlic, mushrooms, sundried tomatoes, fresh herbs & spices, mixed with pesto rosé sauce. Mozzarella cheese & served with Caesar salad \$23.95  $\bullet$  \$19.95

# PENNE PACIFICO

Shrimp, scallops, clams, smoked salmon & capers in a white wine cream sauce \$24.95  $\bullet$  \$20.95

# LINGUINI BOLOGNESE

Fresh herbs, tomatoes \$23.95 • \$18.95

# Add chorizo meatballs for \$5.95

CHORIZO GORGONZOLA MAC & CHEESE ⊕
Mixed with house-made alfredo and baked \$22.95 ◆ \$18.95

# BURGERS Certified Organic buns, baked fresh daily

All of our burgers are served with fresh hand-cut french fries. Substitute yam fries, onion rings, Caesar salad, today's soup or curly fries for \$2.49

All burgers can be served on a gluten-free bun for \$2.00 GF

# DELUXE CLASSIC

8oz Prime Rib patty, lettuce, tomato, red onion, cheddar cheese & burger sauce \$21.95  $\,$ 

# OLD STYLE BACON 'N' CHEDDAR

8oz Prime Rib patty, topped with bacon, cheddar cheese, lettuce, tomato & red onion, finished with burger sauce \$22.95  $\,$ 

# MARVELOUS MUSHROOM

8oz Prime Rib patty, sautéed mushrooms, lettuce, tomato, red onion, Swiss cheese & burger sauce \$21.95

# CAJUN CHICKEN

Grilled cajun chicken, cheddar cheese, tomatoes, lettuce & mayo \$21.95

# FRANKIE'S SOUTHERN CRISPY CHICKEN

Crispy chicken breast, dunked in Frank's Red Hot sauce, served with lettuce, tomato, sweet red onion & mayo \$22.95

# MEDITERRANEAN CHICKEN

Grilled chicken breast, cucumber, sweet red onions, feta cheese & sundried tomato mayo \$21.95

# SALMON BURGER

Fresh grilled salmon fillet topped with red onions, dill mayo, lettuce & tomatoes \$22.95

# VEGGIE BURGER

Low fat burger with cheddar cheese, mushrooms, lettuce, tomato, red onion and sundried tomato mayo \$17.95

# PIZZA

ALL PIZZA'S CAN BE SERVED ON A 10 INCH GLUTEN-FREE CRUST FOR \$22.95 GF

#### TEX MEX

A classic created in 1981. Beef, onions, salsa & cheddar cheese, cooked then topped with fresh lettuce, tomatoes & more cheddar S.  $$19.95 \cdot M. $22.95 \cdot L. $26.95$ 

#### **BIG HAWAIIAN**

Teriyaki chicken, ham, pineapple S.  $$19.95 \cdot M. $22.95 \cdot L. $26.95$ 

### CLASSIC

Teriyaki chicken, sundried tomatoes, onions, mushrooms S.  $\$19.95 \, \bullet \, \text{M.} \, \$22.95 \, \bullet \, \text{L.} \, \$26.95$ 

#### **FAVOURITE**

Hot chorizo sausage, green peppers, mushrooms S.  $$19.95 \, \bullet \, \text{M.} \, $22.95 \, \bullet \, \text{L.} \, $26.95$ 

#### BBQ CHICKEN

BBQ chicken, roasted red pepper, red onion, cilantro S.  $$19.95 \cdot M. $22.95 \cdot L. $26.95$ 

### WEST COASTIN'

Smoked salmon, Philly cream cheese, capers, red onion S.  $$19.95 \cdot M. $22.95 \cdot L. $26.95$ 

## MEDITERRANEAN

Garlic grilled chicken, onions, feta, tomatoes, green peppers, spices S.  $$19.95 \, \bullet \, M. \, $22.95 \, \bullet \, L. \, $26.95$ 

### CDECIAI

Chorizo sausage, capicolla, green peppers, mushrooms S. \$19.95 ◆ M. \$22.95 ◆ L. \$26.95

# PESTO CHICKEN

Garlic chicken, basil pesto, sundried tomatoes, caramelized onions, mushrooms, green peppers S.  $$19.95 \cdot M. $22.95 \cdot L. $26.95$ 

# GLADIATOF

Ham, pepperoni, beef & chorizo sausage S. \$19.95 ◆ M. \$22.95 ◆ L. \$26.95

# FORMAGGIO

Mozzarella, parmesan, asiago, bocconcini S. \$19.95 ◆ M. \$22.95 ◆ L. \$26.95

# CAPRESE

Roma tomatoes, bocconcini, fresh basil S. \$19.95 ◆ M. \$22.95 ◆ L. \$26.95

# DELUXE

Pepperoni, chorizo sausage, ham, onions, green peppers, tomatoes, olives, mushrooms
S. \$19.95 ◆ M. \$22.95 ◆ L. \$26.95

# GOURMET VEGETARIAN

Roasted red peppers, red onions, spinach, tomatoes, kalamata olives, feta, pesto S.  $$19.95 \cdot M. $22.95 \cdot L. $26.95$ 

# **FAVOURITE COMBINATIONS**

S. \$18.95 M. \$21.95 L. \$24.95

- 1. Ham & pineapple
- 2. Double cheesy mozza
- 3. Pepperoni
- 4. Ham & mushrooms
- Feta, beef, onions
   Shrimp & mushrooms
- 7. Pepperoni, mushrooms, green peppers
- 8. Spinach, onions, feta

Extra toppings S - 2.00  $\bullet$  M - 2.50  $\bullet$  L - 3.00



